

COLORADO BUDOKAN CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	*SATURDAY
3:00-4:15pm	Private Lessons by Appointment	Private Lessons by Appointment	Private Lessons by Appointment	Private Lessons by Appointment	Private Lessons by Appointment	
4:30-5:00pm	Mini Samurai (Ages 4-5)		Mini Samurai (Ages 4-5)			<u>9:00-9:30am</u> Mini & Me Karate
4:30-5:30pm		Juniors Karate (Ages 6-11)		Juniors Karate (Ages 6-11)	Open Practice All Levels	<u>9:30-10:30am</u> All Ranks Karate
5:00-6:15pm	Juniors Karate + Kata (Ages 6-11)		Juniors Karate + Kumite (Ages 6-11)			<u>10:30-11:30am</u> All Ages/Ranks Kobudo
5:30-6:30pm		Teen & Adult Kobudo (Ages 12 +) NEW CLASS!!!!		Junior Kobudo (Ages 6-11) NEW CLASS!!!!	All Levels KATA & Competition Kata	<u>11:30am-12:30pm</u> **Naginata
6:15-7:30pm	Teen & Adult Karate		Teen & Adult Karate			<u>12:30-2:30pm</u> Private Lessons by
6:30-7:30pm					All Levels KUMITE <u>OR</u>	
6:30-8:00pm		Teen & Adult Karate + Kata (Ages 12+)		Teen & Adult Karate + Kumite (Ages 12+)	OPEN SPARRING NIGHT NEW CLASS!	
7:30-8:00pm	Open Practice		Open Practice			

CLASS DESCRIPTIONS

MINI SAMURAI: AGES 4 TO 5 YEARS OLD **MINI & ME KARATE:** AGES 4 TO 5 & PARENT(S)

BEGINNER: WHITE-YELLOW-GOLD **NOVICE:** ORANGE-GREEN **INTERMEDIATE:** BLUE-PURPLE (5TH KYU)

ADVANCED: PURPLE (4TH KYU)-BROWN-BLACK **TEENS & ADULTS:** AGES 12 YEARS OLD & UP **ADULTS:** AGES 18 AND UP

JUNIORS: COMBINED RANKS OF AGES 6-11 **ALL RANKS:** FOR STUDENTS RANKS WHITE THROUGH BLACK TO LEARN AND TRAIN TOGETHER.

KATA: TRAINING IN FORMS APPROPRIATE FOR SKILL LEVEL **KUMITE:** TRAINING IN SPARRING FOR APPROPRIATE SKILL LEVEL

OPEN PRACTICE: FREE MAT TIME-INDIVIDUAL PRACTICE **OPEN SPARRING NIGHT:** ALL STUDENTS INVITED TO IMPROVE KUMITE SKILLS

*SATURDAY CLASSES

SATURDAY CLASSES WILL MEET ON A FLEX SCHEDULE AND MAY NOT OCCUR ON DATES WHEN LOCAL TOURNAMENTS, SEMINARS OR BELT TESTINGS ARE SCHEDULED. EMAIL ANNOUNCEMENTS WILL NOTIFY MEMBERS PRIOR TO ANY SATURDAY CLASS SCHEDULE ALTERATION.

KOBUDO CLASS (CURRENT MEMBERS ONLY)

TRAINING IN TRADITIONAL OKINAWAN WEAPONS, I.E., BO, SAI, TONFA, KAMA, & NUNCHAKU. INCL. W/ ALL PROGRAMS FOR SUMMER 2026
(MUST BE AGE 6 OR OLDER & SUBJECT TO INSTRUCTOR APPROVAL)

**NAGINATA CLASS

BASIC TRAINING IN THE MARTIAL ART OF ATARASHI NAGINATA. *ADDITNL. FEE REQ.
(MUST BE AGE 10 OR OLDER & SUBJECT TO INSTRUCTOR APPROVAL)

**PRIVATE LESSONS SCHEDULED THROUGH
SENSEI CANDICE VIA EMAIL, CALL, TEXT, OR IN PERSON**

SCHEDULE EFFECTIVE JUNE 1, 2026