



ISKF Colorado

SHOBU IPPON

Oct. 4th, 2025

Lone Tree Rec Center

Check-in at 8:00am





ISKF Mountain States

August 15, 2025

Greetings, fellow Traditional Martial Artists,

I'd like to welcome you all to the second annual open karate tournament hosted by ISKF Colorado. As you know, the Broadway Dojo in Denver was established by Yutaka Yaguchi Shihan 50 years ago under the auspices of the Japan Karate Association. Three years later an affiliation was created between the JKA and the International Shotokan Karate Federation, giving rise to the Mountain States Region of the ISKF. Until 2007, the ISKF was the governing body of the JKA in the Western Hemisphere. Since acquiring its independence, the ISKF has continued to preserve and spread authentic Shotokan karate in the region, in the country, and in the world.

Under the most traditional tournament ideals and ISKF tournament rules, we are happy to host this Shobu Ippon tournament. My best wishes go out to all the competitors, judges, and guests. I thank you all for making this event a success and for your contributions in advancing traditional martial arts in the Denver area.

Sincerely,

Mark Tarrant
Chief Instructor, ISKF Mountain States Region



ISKF Mountain States

August 9, 2025

On behalf of the ISKF Mountain States Region, it is my great pleasure to invite you and your dōjō to our 2025 Fall Tournament Shobu Ippon, taking place on October 4, 2025, at the Lone Tree Recreation Center.

We're thrilled to host a day of spirited competition, camaraderie, and celebration of the art we all love! Colorado's Karate community has grown stronger through shared tournaments, inspiring seminars, and—above all—lasting friendships. Each event has deepened our bonds, tested our resolve, and reminded us that the true heart of Karate lies in mutual respect and encouragement.

As we embrace this season of renewal, let's come together beneath autumn's golden canopy to reignite those connections. When approached with humility and respect, competition becomes our greatest teacher, pushing us beyond familiar patterns, introducing us to new challengers, and guiding us to fresh heights of technique and determination.

We hope you'll join us in Lone Tree on October 4th with your dōjō's energy, enthusiasm, and competitive spirit. Let's honor our shared heritage, challenge ourselves, and revel in the vibrant community we've built side by side.

With my deepest regards,

Maelo Maldonado

Regional Director

ISKF Mountain States Region





ISKF COLORADO®

ISKF Fall Tournament Shobu Ippon

Hosted by ISKF Colorado

August 15th, 2025

To all Officials, Competitors, Spectators, and Friends,

We are delighted to welcome you to the ISKF Fall Tournament Shobu Ippon being held at the Lone Tree Recreation Center on October 4th, 2025. We are proud that this year will mark the fiftieth anniversary of ISKF Colorado.

We believe that Karate training brings out the best in all of us. This event provides an opportunity to enhance our martial arts training by competing with others and sharing rapport with fellow karateka. Although the styles of our organizations may differ slightly, we all share the values of hard training, humility, perfection of character and respect for each other.

We wish all who participate in this competition the best of luck.

Dale Weyant
Tatsuun Ryu
Chief Instructors, ISKF Colorado
Tournament Directors





ISKF COLORADO®

ISKF Fall Tournament Shobu Ippon

Hosted by ISKF Colorado

DATE & TIME

Saturday, October 4th, 2025
Venue opens at 8:00 am
Competition begins at 9:00 am

VENUE

Lone Tree Recreation Center
10249 RidgeGate Circle, Lone Tree, CO 80124

RULES

ISKF Rules of Competition
Kumite: ISKF Ippon Ruling
Kata: Elimination & Finals

RATES, REGISTRATION and DEADLINE

1 Event: \$35
2 or more Events: \$60

For online registration, please visit: <https://forms.gle/r4q5Lpzo5T9D2Fyr7>

For online payment (VENMO): <https://venmo.com/ISKF-CO> or @ISKF-CO

(Cash or Check also accepted at event. Checks made out to ISKF Colorado)

***Registration closes 11:00 pm, Tuesday September 30th, 2024.**

- All competitors must pre-register
- No registrations tournament day
- Late registrations will not be accepted

CONTACT/TOURNAMENT DIRECTORS

ISKF Colorado: Dale Weyant / Tatsuun Ryu

dale-45@msn.com / tatsuun@hotmail.com



venmo

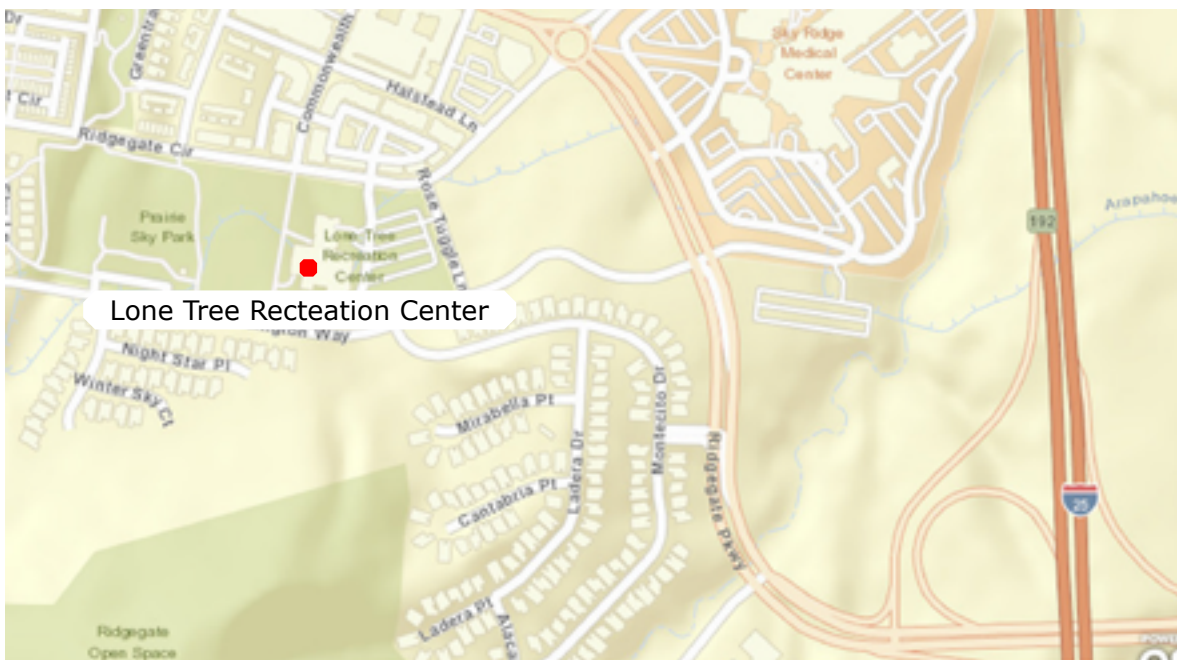
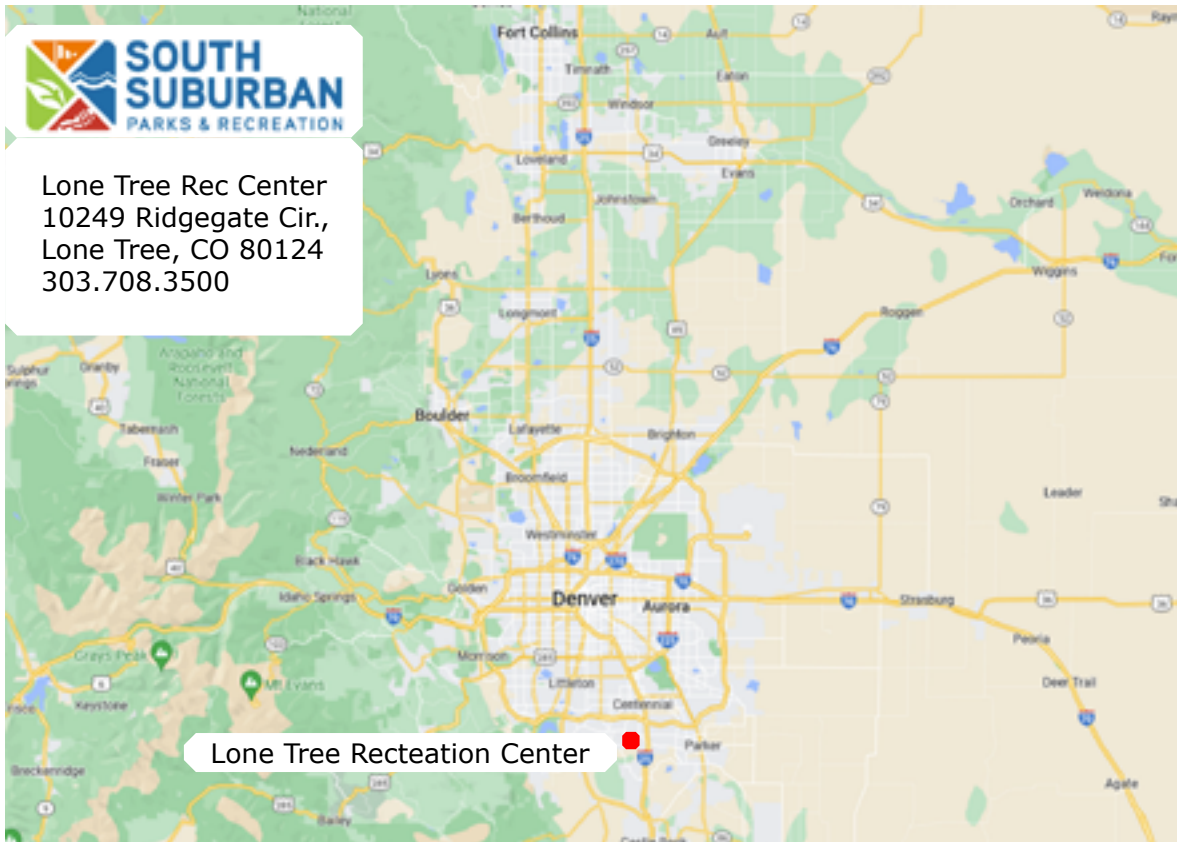


ISKF COLORADO®

ISKF Fall Tournament Shobu Ippon

Hosted by ISKF Colorado

Tournament Venue



PARTICIPANT WAIVER/RELEASE AGREEMENT

ALL participants must sign and submit this waiver/release.

EVENT: 2025 International Shotokan Karate Federation (ISKF) Fall Tournament Shobu Ippon, hosted by ISKF Colorado, held at the South Suburban Parks and Recreation District (SSPRD), Lone Tree Recreation Center, Lone Tree, CO, 80124, Saturday, October 4th, 2025.

I understand that there are risks and dangers inherent in participating in the Fall Tournament (which will herein be referred to as the EVENT). I also understand that in order to participate and/or receive instruction at the EVENT, I must give up my rights to hold South Suburban Parks and Recreation District, Lone Tree Recreation Center, International Shotokan Karate Federation (ISKF), the ISKF, ISKF Colorado, and any and all other clubs, schools, instructors, members, judges, officials and representatives (collectively the "Releases") liable for any injury or damage which I may suffer while participating and/or receiving instruction at the EVENT.

Knowing this, and in consideration of being permitted to participate and/or receive instruction at the EVENT, I hereby voluntarily release the Releases, and each of them, from any and all liability resulting from or arising out of my participation and/or receipt of instruction at the EVENT.

I understand and agree that I am releasing not only the entities and individuals set forth in the paragraph above, but also the officers, agents, principals, partners, shareholders, directors and employees of those entities or individuals.

I understand and agree that this Waiver/Release will have the effect of releasing, discharging, waiving and forever relinquishing any and all actions or causes of action that I may have or have had, whether past, present or future, whether known or unknown, and whether anticipated or unanticipated by me, arising out of my participation and/or receipt of instruction at the EVENT.

I understand and agree that by signing this Waiver/Release, I am assuming full responsibility for any and all risk of death or personal injury or property damage suffered by me while participating and/or receiving instruction at the EVENT. I expressly acknowledge and assume any and all risks that my participation in the EVENT may subject me to personal injury or bodily harm.

I understand and agree that this Waiver/Release will be binding on me, my spouse, my heirs, my personal representatives, my assigns, my children and any guardian ad litem for said children.

I understand and agree that by signing this Waiver/Release, I am agreeing to release, indemnify and hold the above-named individuals or entities and their officers, agents, principals, partners, shareholders, directors and employees harmless from any and all liability or costs, including attorney fees, associated with or arising from my participating and/or receipt of instruction at the EVENT. Any damage to the tournament site that I cause are my full responsibility. Said damages are not the responsibility of the SSPRD, ISKF or the ISKF Colorado.

I understand that if I am signing this Waiver/Release on behalf of my minor child, that I will be giving up the same rights for said minor, as I would be giving up if I signed this document on my own behalf.

I acknowledge that I have read this Waiver/Release agreement and that I understand the words and language in it.

I have been advised of the potential dangers incidental to participating and/or receiving instruction at the EVENT.

Print Name: _____

Date: _____

Sign Name: _____

Witness: _____

COMPETITION DIVISIONS

Beginner (beg): 10th - 7th Kyu

Intermediate (inter): 6th - 4th Kyu

Advanced (adv): 3rd - 1st Kyu and Above

(Please note: divisions may be combined or divided depending on the number of competitors)

DIV#	KATA	DIV#	KUMITE	DIV#	TEAM KATA
K1	7-9 yrs. girls - beg	S1	7-9 yrs. girls - beg	TK1	7-12 yrs. - same or mixed gender
K2	7-9 yrs. girls - inter	S2	7-9 yrs. girls - inter	TK2	13-17 yrs. - same or mixed gender
K3	7-9 yrs. girls - adv	S3	7-9 yrs. girls - adv	TK3	18+ yrs. - same or mixed gender - beg/inter
K4	7-9 yrs. boys - beg	S4	7-9 yrs. boys - beg	TK4	18+ yrs - same or mixed gender - adv
K5	7-9 yrs. boys - inter	S5	7-9 yrs. boys - inter		
K6	7-9 yrs. boys - adv	S6	7-9 yrs. boys - adv		
				DIV#	TEAM KUMITE
K7	10-11 yrs. girls - beg	S7	10-11 yrs. girls - beg	TS1	18+ yrs. women - beg/inter
K8	10-11 yrs. girls - inter	S8	10-11 yrs. girls - inter	TS2	18+ yrs. women - adv
K9	10-11 yrs. girls - adv	S9	10-11 yrs. girls - adv	TS3	18+ yrs. men - beg/inter
K10	10-11 yrs. boys - beg	S10	10-11 yrs. boys - beg	TS4	18+ yrs. men - adv
K11	10-11 yrs. boys - inter	S11	10-11 yrs. boys - inter		
K12	10-11 yrs. boys - adv	S12	10-11 yrs. boys - adv		
K13	12-13 yrs. girls - beg	S13	12-13 yrs. girls - beg		
K14	12-13 yrs. girls - inter	S14	12-13 yrs. girls - inter		
K15	12-13 yrs. girls - adv	S15	12-13 yrs. girls - adv		
K16	12-13 yrs. boys - beg	S16	12-13 yrs. boys - beg		
K17	12-13 yrs. boys - inter	S17	12-13 yrs. boys - inter		
K18	12-13 yrs. boys - adv	S18	12-13 yrs. boys - adv		
K19	14-15 yrs. girls - beg	S19	14-15 yrs. girls - beg		
K20	14-15 yrs. girls - inter	S20	14-15 yrs. girls - inter		
K21	14-15 yrs. girls - adv	S21	14-15 yrs. girls - adv		
K22	14-15 yrs. boys - beg	S22	14-15 yrs. boys - beg		
K23	14-15 yrs. boys - inter	S23	14-15 yrs. boys - inter		
K24	14-15 yrs. boys - adv	S24	14-15 yrs. boys - adv		
K25	16-17 yrs. girls - beg	S25	16-17 yrs. girls - beg		
K26	16-17 yrs. girls - inter	S26	16-17 yrs. girls - inter		
K27	16-17 yrs. girls - adv	S27	16-17 yrs. girls - adv		
K28	16-17 yrs. boys - beg	S28	16-17 yrs. boys - beg		
K29	16-17 yrs. boys - inter	S29	16-17 yrs. boys - inter		
K30	16-17 yrs. boys - adv	S30	16-17 yrs. boys - adv		
K31	18-44 yrs. women - beg	S31	18-44 yrs. women - beg		
K32	18-44 yrs. women - inter	S32	18-44 yrs. women - inter		
K33	18-44 yrs. women - adv	S33	18-44 yrs. women - adv		
K34	18-44 yrs. men - beg	S34	18-44 yrs. men - beg		
K35	18-44 yrs. men - inter	S35	18-44 yrs. men - inter		
K36	18-44 yrs. men - adv	S36	18-44 yrs. men - adv		
K37	45+ yrs. women - beg/inter	S37	45+ yrs. women - beg/inter		
K38	45+ yrs. women - adv	S38	45+ yrs. women - adv		
K39	45+ yrs. men - beg/inter	S39	45+ yrs. men - beg/inter		
K40	45+ yrs. men - adv	S40	45+ yrs. men - adv		

RULES OF CONDUCT

(a). PHILOSOPHY

(i) Karate contests are an extension of dojo training and must therefore be conducted in the spirit of karate-do.

(b). GENERAL BEHAVIOR

(i) Loud and tumultuous behavior will not be tolerated.

(ii) In the event of a controversial decision by a Referee or Judge, a team coach may seek redress of the decision through the Ring Arbitrator.

(iii) The Ring Arbitrator makes the final decision. In the majority of cases this should be sufficient. If a controversy still exists, it may be brought to the attention of the Chief Arbitrator whose decision will be final.

(iv) Verbal disruptive coaching is not permitted

(v). Disparaging or personal remarks about competitors, officials, or their performance(s) will not be tolerated.

(c). CONTESTANTS

(i) All contestants must respect and observe the proper forms of etiquette toward officials, Judges, and fellow contestants. They must do their utmost to compete with courage, dignity, and honor, and to uphold the precepts of the Dojo Kun. These values take precedence over winning or losing.

(ii) Failure of contestants to immediately and courteously obey any instruction by the Referee may result in disqualification.

(d). COACHES

(i) One Coach can be present for his/her competitor during a match or event

(ii) If a Coach has a question or protest regarding a match or event, it has to be addressed to the Chief Judge/Ring Arbitrator.

(iii) A Coach cannot give advice or coach a competitor from outside the ring during a match or event.

(e). JUDGES

(i) To uphold the integrity and reputation of the officials, Judges must be fair and impartial.

(ii) All Judges must give their undivided attention to the match and observe each movement of the contestants in order to make as accurate a decision as is humanly possible.

(iii) Judges are prohibited from acting in the capacity of a coach; this is the responsibility of the appointed team coach.

EQUIPMENT REQUIREMENTS

1. Every competitor must have the following:

- All white karate-gi (dojo patch permitted)
- White fist guards (required for brown belt and above; semi-free and free sparring)
- Mouthguard, not braces (required for brown belt and above; semi-free and free sparring)

2. The following items are NOT allowed:

- Foot, shin or arm guards
- Protective eyewear
- Jewelry or hard hairpieces
- Any other non-karate clothing not approved by the tournament director

COMPETITION RULES

(a). KATA

(i) Contestants may not perform kata in competition higher than that required for their next promotion examination. The table below indicates the appropriate kata for each rank.

(ii) In the case of team kata, the kata performed must be in accordance with the status of the lowest ranking member of the team.

(iii) A different kata needs to be performed each round.

(iv) Competitors must report to the scorers' table to announce their kata.

(v) Rank	Permitted Kata
9th Kyu	Heian 1*
8th Kyu	Heian 1, 2*
7th Kyu	Heian 1, 2, 3*
6th Kyu	Heian 1, 2, 3, 4*
5th Kyu	Heian 1, 2, 3, 4, 5*
4th Kyu	Heian 1, 2, 3, 4, 5, Tekki Shodan*
3rd Kyu to 1st Kyu	Heian 1, 2, 3, 4, 5, Tekki Shodan, Bassai-dai, Jion, Kanku-dai, Enpi*
Shodan and above	Heian 1-5, Tekki 1-3, Bassai-dai, Kanku-dai, Jion, Enpi, Hangetsu, Ganka-ku, Jitte, all the advance Katas* <u>*Or Equivalent kata</u>

(b). KUMITE

(i) Rank

	Eliminations	Finals
9th -7th Kyu	Ippon kumite (one-step)	Ippon kumite (one-step)
6th-4th Kyu	Ippon kumite (one-step)	Ippon kumite (one-step)
3rd - 1st Kyu	Jiyu-ippun kumite (semi-free)	Jiyu-ippun kumite (semi-free)
Shodan and above	Jiyu kumite (free)	Jiyu kumite (free)

(ii) Excessive contact is not permitted under any circumstances. This rule will be strictly enforced.

(iii) For contestants who are unranked through 7th kyu, during ippon kumite, each side attacks four times, using oi zuki jodan and oi zuki chudan with both right and left hands. The first attack shall be made using the right hand. The technique and target will be announced before each attack. At the start of each match, aka (red side) will initiate the attack. Contestants who are 6th, 5th, or 4th kyu, attack four times with their favorite side using oi zuki jodan, oi zuki chudan, mae geri chudan, and yoko geri kekomi chudan.

(iv) For contestants who are brown belts (3rd, 2nd, or 1st kyu), the method of kumite is jiyu-ippun, or semi-free; attack four times with the favorite side (not alternating sides). The attacks are oi zuki jodan, oi zuki chudan, mae geri chudan, and yoko geri kekomi chudan.

(v) For contestants who are black belts, the method of kumite is jiyu-kumite, or free-sparring.

(vi) The defending side must demonstrate two different countering techniques among the four delivered. Failure to do so will result in disqualification. Only one counterattack is permitted.

1) In the case of a draw during an ippon kumite match between contestants in which the kyu ranks of 6th kyu through 4th kyu are involved, the Referee shall instruct the contestants to repeat ippon kumite but the initial attacking side shall be alternated.

COMPETITION RULES WARNINGS, FOULS AND DISQUALIFICATIONS

(a). IPPON KUMITE

(i) For contestants who are unranked through 7th kyu, each side attacks four times; using oi zuki jodan and oi zuki chudan with the right hand, then oi zuki jodan and oi zuki chudan with the left hand.

(ii) For contestants who are 6th, 5th, or 4th kyu, each side attacks four times with their favorite side, using oi zuki jodan, oi zuki chudan, and mae geri chudan, and yoko geri kekomi chudan. In the case of a draw, the Referee shall instruct the contestants to repeat ippon kumite with the alternate side.

(iii) During an ippon kumite match, at least one counter-attack must be different or that contestant shall be disqualified. This disqualification shall be administered at the completion of the individual contest.

(iv) If, during an ippon kumite match, the initial defending side uses only one type of counter-attack on all four counter-attacks, that side is still required to act as the attacking side for that individual match.

(v) During ippon kumite matches, a contestant who utters verbal noises, engages in feints, false starts, and other attempts to distract the opponent shall be given a warning. Upon a second instance the contestant shall be disqualified.

(vi) During an ippon kumite match if the attacking contestant announces one target area and delivers a technique to a different area than that which was announced, that contestant shall be given a warning. A second violation shall lead to a disqualification.

(vii) When counter-attacking, the defending contestant is not permitted to employ the following: sweeping techniques, any techniques aimed below the waist, throwing, wrist locks, joint manipulation or, techniques aimed at a joint, grabbing, other techniques deemed dangerous by the Judges. Use of any of these techniques will result in disqualification.

(viii) When counter-attacking after a single offensive technique, the defending contestant shall employ a single counter-attack.

(ix) When announcing the target area during an ippon kumite match the following shall apply:

1) The announcement of the target area must be of significant volume to be heard by all of the Judges for that match, and the attacking side may move forward with the attack directly after announcing the target. The attacker does not have to receive confirmation from the defense.

2) The announcement of the target area must be made after the attacking contestant has assumed a stationary, front stance position.

3) When delivering a technique, the attacking contestant may follow in the direction of the defending contestant if the defensive side moves/shifts on an angle.

COMPETITION RULES WARNINGS, FOULS AND DISQUALIFICATIONS (cont.)

(b). JIYU-IPPON KUMITE

(i) The essence of jiyu-ippon kumite, offensively, is to make one strong attack in order to catch your opponent defenseless. Defensively, one needs to make a strong counter-attacking measure coupled with a block. The defending side must demonstrate two different countering techniques.

(ii) At the start of each match, aka (red side) will initiate the attack. Each attack must be clearly and loudly announced in the order of jodan oizuki, chudan oizuki, chudan mae geri, and chudan yoko-geri kekomi. The attacking side shall use right side attacks only (start from gedan-barai with right leg back). Thereafter, white side attacks.

(iii) In case of a draw, left attacks are applied.

(iv) The defending side is allowed one counter-attack technique aimed at the appropriate target.

(v) Prohibited techniques

- 1) The attacking side may not use feints or noises to distract their opponent.
- 2) The attacking side must make their attack once they are within correct distance. Once the correct distance has been established, they cannot hesitate, stalk, or pursue their opponent without an offensive technique or a warning will be issued by the Referee.
- 3) The attacking side, upon completion of an attack, must maintain their kamae (attack posture) and not immediately draw back the attack technique or a warning will be issued by the Referee.
- 4) The attacking side cannot block counter-attacking techniques or avoid them by body shifting, they must maintain attack posture.
- 5) The attacking side cannot jump or slide with the lunge attacks.
- 6) No grabbing or holding will be permitted by either side.
- 7) Escaping out of bounds by the defending side will result in the following:
 - a) First time - jogai keikoku (out of bounds)
 - b) Second time - jogai chui (warning)
 - c) Third time - jogai hansoku (disqualification, loss of match)
- 8) In semi-final and/or final matches in which the rank of either contestant is 3rd , 2nd, or 1st kyu, the method of the contest will be jiyu ippon (semi-free). The match will be in accordance with ISKF rules.

ADDITIONAL KATA RULES

KATA Scoring

1. Kata will consist of one or more Elimination round(s) and a Final (point-based) round

a. Elimination Round(s)

- i). Elimination rounds will use the red and white flag system.
- ii). The number of elimination rounds will depend on the number of participants in the division.
- iii). Once the number of competitors is finalized, the number of elimination rounds will be announced during staging so that competitors can strategize/determine their choice of katas before they start their first rounds.
- iv). Competitors will perform kata in pairs.
- v). Competitors may perform any kata of their choice according to their rank. Advanced competitors are required to choose a different kata from the previous rounds. This rule doesn't apply to beginner or intermediate competitors who may only know 2-3 kata. In that case, the beginners and intermediates may repeat katas in the elimination rounds.
- vi) At the end of each elimination round, the referee will declare a winner
- viii). The winner will need to report to the scorer's table and inform the table official which kata they intend to perform for the next elimination round.
- ix). The elimination rounds will continue until only four or five competitors remain to move onto the final round.

b. Final Round

- i). The Final round will utilize the point system
- ii). Only one competitor will be in the ring at a time.
- iii). Each competitor must choose a kata that was not performed in the elimination rounds (for advanced competitors).
- iv). In the event of a tie, the competitors must perform different katas. The tie breaker kata can be the one performed in the eliminations.

2. Performance Criteria

Kata will be judged by the following:

- Deportment
- Position and Posture
- Stance
- Basic Techniques
- Correct Application of Power
- Speed of Techniques
- Body Expansion and Contraction
- Line of Movement
- Body Movement
- Interpretation
- Continuity

ADDITIONAL KUMITE INFORMATION

1. Kumite matches are broken into the following divisions: Beginner (10th-7th Kyu), Intermediate (6th-4th Kyu), Advanced (3rd-1st Kyu), and Black belt. Depending on the number of the participants, divisions in some age groups might get combined, although placements or medals will be awarded in each division.

- All kumite events will have red and white sides.

a. **BEGINNER:** One-step sparring (Ippon Kumite); YouTube video: <https://youtu.be/3cbgfOd5tKg>

i). Competitors will perform two techniques:

- Face-level step-in punch (jodan oizuki)
- Stomach-level step-in punch (chudan oizuki)

ii). Red side starts with left-leg-forward down block "attacking" position. Blocking side is in yoi/ready position.

iii). The attacker moves to an appropriate attacking distance from the starting position either stepping forward or backward.

iv). The attacking side must announce the target before start executing a technique

v). A total of four punches will be executed: 2 on left side and 2 on right side.

vi). The blocking side must do two different counter techniques during the match. One counter attack must be a kicking technique. (For example, a face-level reverse punch and a stomach-level reverse punch will be considered the same technique).

vii). In the event of a tie, both red and white sides will repeat their attack/defense until a winner is decided.

b. **INTERMEDIATE:** One-step sparring (Ippon Kumite); YouTube video: <https://youtu.be/X2ptvO-zZqU>

i). Competitors will perform four techniques:

- Face-level step in punch (jodan oizuki)
- Stomach level step in punch (chudan oizuki)
- Front kick with back leg (chudan mae geri)
- Side thrust kick with back leg (chudan yoko-geri kekomi)

ii). Red side starts first with left-leg-forward down block "attacking" position; white side is in left-leg downward block position

iii). The attacker moves to an appropriate attacking distance from the starting position by either stepping forward or backward.

iv). The attacking side must announce the target before start executing a technique

v). Total of eight attacks from each side will be performed; left side and right side.

vi). Two different counter attacks must be performed by blocking side during the match. One counter attack must be a kicking technique.

vii). If there is a tie, both red and white sides will repeat until a winner is declared.

ADDITIONAL KUMITE INFORMATION (cont.)

c. **ADVANCED:** Semi-free sparring (Jiyu-Ippon Kumite); Optional free sparrings at Finals (only 18+ yrs. adults - Agreement with both red and white sides is required.);
YouTube video: <https://youtu.be/BzxXES4yD2g>

i). Competitors will perform four techniques:

- Face-level step in punch (jodan oizuki)
- Stomach level step in punch (chudan oizuki)
- Front kick with back leg (chudan mae geri)
- Side thrust kick with back leg (chudan yoko-geri kekomi)

ii). Following the yoi position both red and white sides take kamae position when the referee announces begin/Hajime

iii). Participants are not obligated to perform one side only. The competitor can choose which side to perform the technique. (For example, red side can throw first step in punch with left leg forward, then decide to do with right leg forward in the second technique).

iv). The attacking side must announce the target before start executing a technique

v). Two different counter attacks must be performed by the blocking side during the match. One counter attack must be a kicking technique.

vi). If there is a tie, both red and white sides will repeat until a winner is declared.

vii). Mouthpiece and fist guards are mandatory.

viii). No eye glasses unless they are protected. Contact lenses are recommended.

iv). No other guards are allowed.

d. **BLACK BELT:** Free sparring (Jiyu Kumite)

i). Shoubu Ippon free sparring will be used.

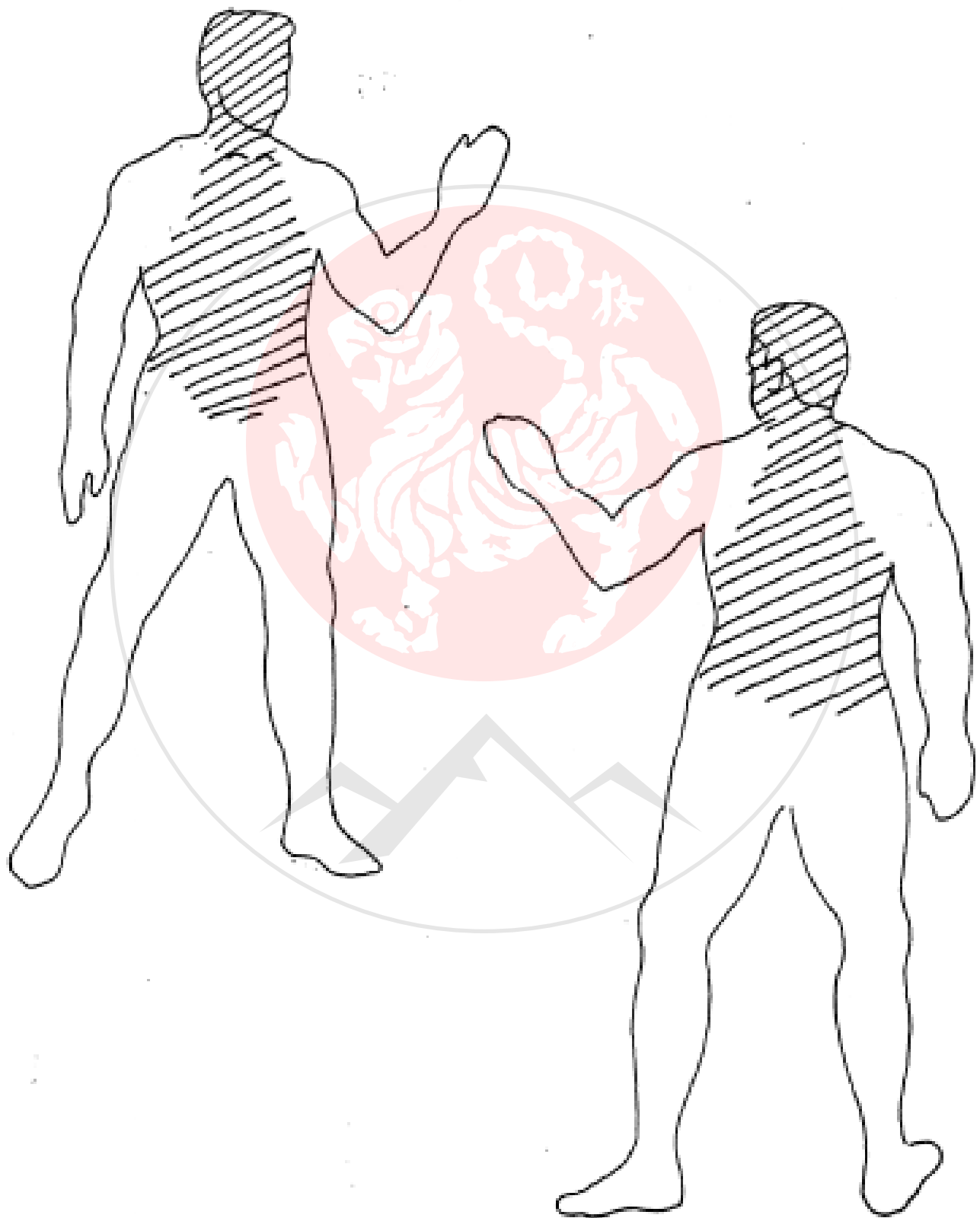
ii). Mouthpiece and fist-guards are mandatory.

iii). No other guards are allowed.

iv). No eye glasses unless they are protected.

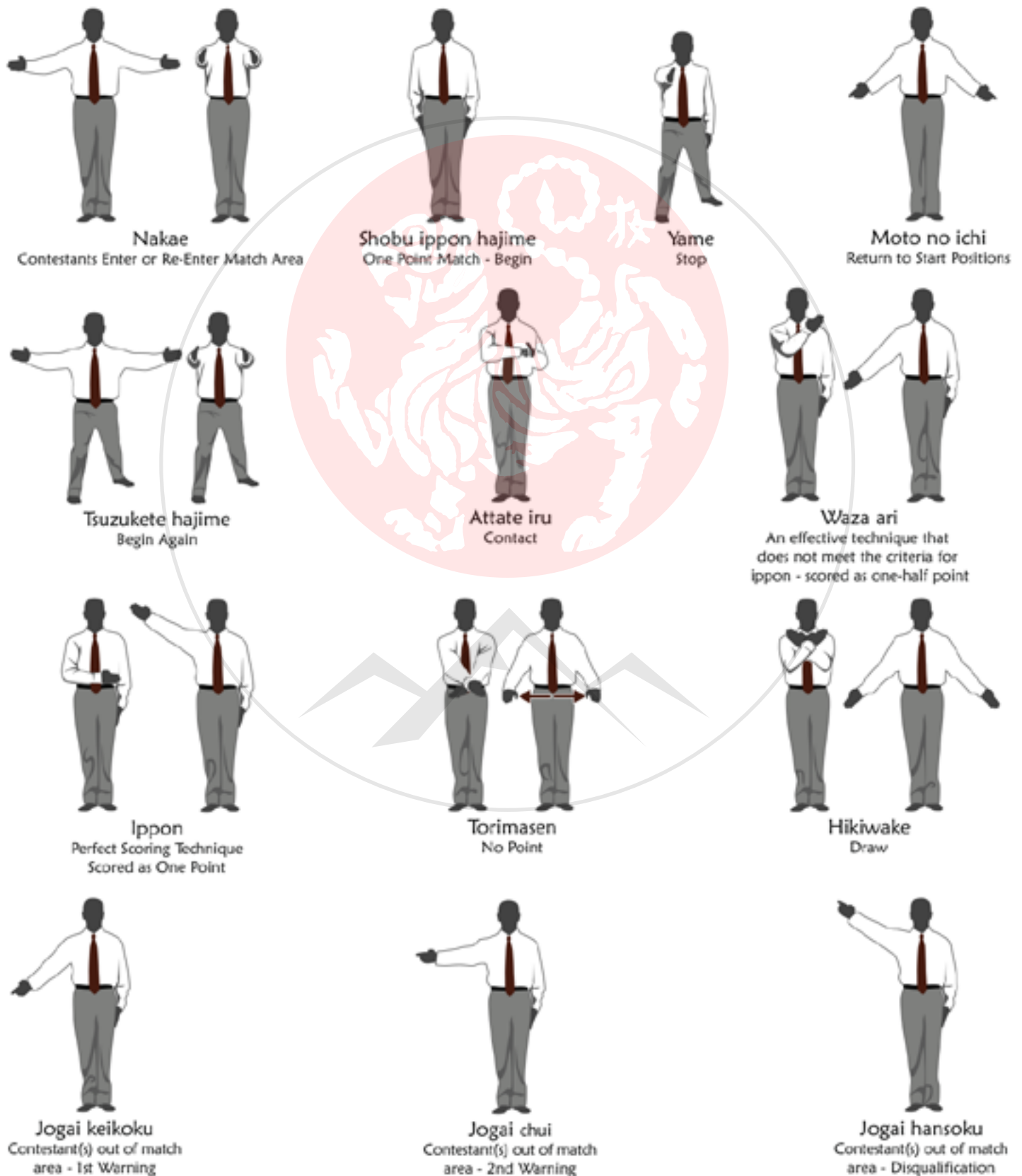
v). Contact lenses are recommended.

KUMITE SCORING AREAS



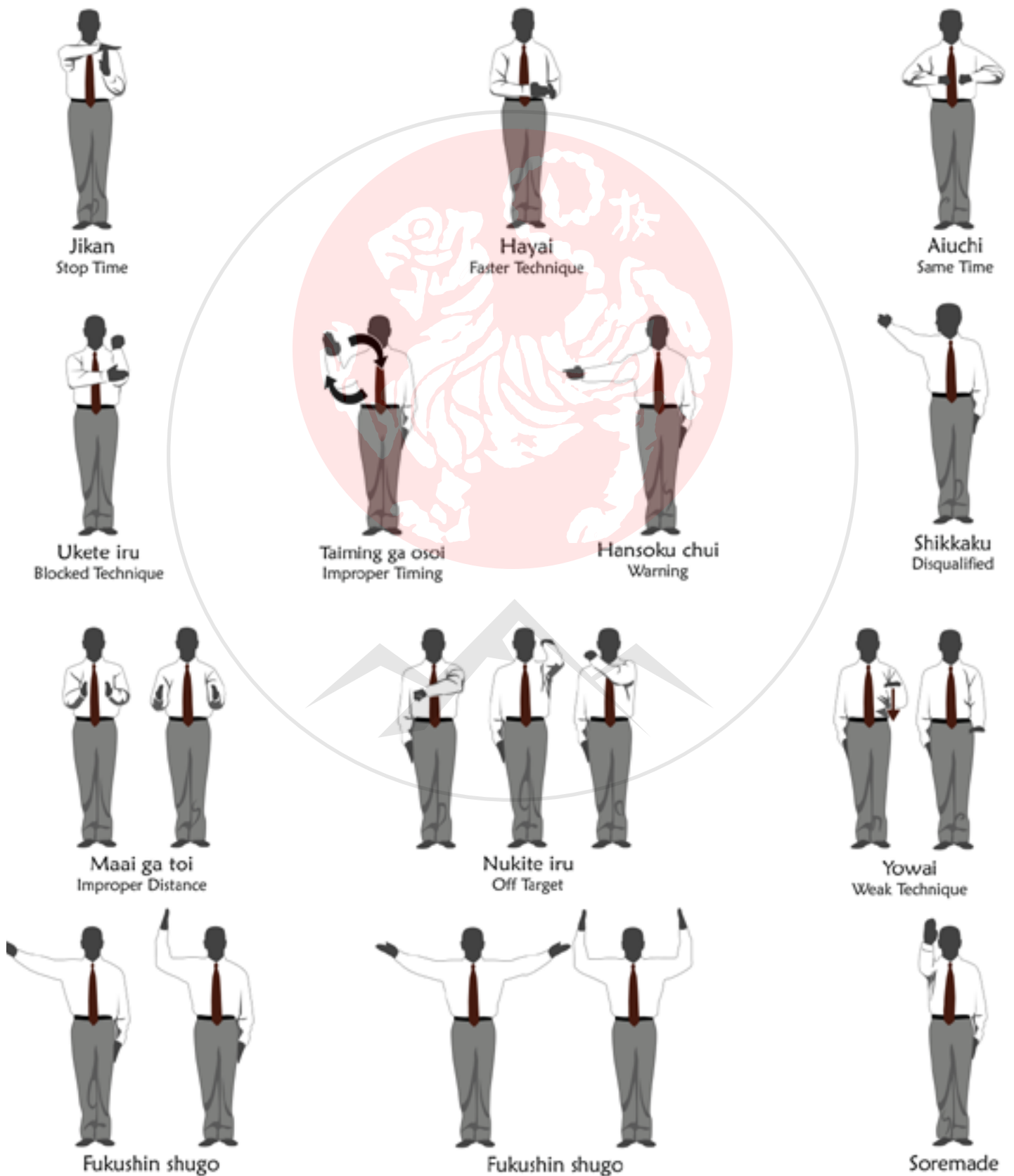
REFEREE SIGNALS

Center Judge Signals - Page 1



REFEREE SIGNALS

Center Judge Signals - Page 2



REFEREE SIGNALS

Corner Judge Signals



Shobu ippon hajime
One Point Match - Begin



Maai ga toi
Improper Distance



Aluchi
Same Time



Yowai
Weak Technique



Nukite iru
Off Target



Hayai
Faster Technique



Ukete iru
Blocked Technique



Meinai
Could Not See



Hansoku chui
Warning (Small Circles)
Whistle: Multiple, consecutive, short notes



Hansoku
Excessive Contact (Large Circles)
Disqualification
Whistle: Multiple, consecutive, short notes



Hikiwake
Draw



Ippon
Perfect Scoring Technique
Scored as One Point
Whistle: One sharp note



Torimasen
No Point



Waza ari
An effective technique that does not meet the criteria for ippou - scored as one-half point
Whistle: One sharp note



Jogai
Contestant(i) Out of Match Area
Whistle: Multiple, consecutive, short notes