

COLORADO BUDOKAN

CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	*SATURDAY
3:00-4:15pm	Private Lessons by Appointment	Private Lessons by Appointment	Private Lessons by Appointment	Private Lessons by Appointment	Private Lessons by Appointment	
4:30-5:00pm	Mini Samurai (Ages 4-5)		Mini Samurai (Ages 4-5)			<u>9:00-9:30am</u> Mini & Me Karate
4:30-5:30pm		Beg./Nov. Karate (Ages 6-11)		Beg./Nov. Karate (Ages 6-11)	All Ranks Kata (Ages 6+)	<u>9:30-10:30am</u> All Ranks Karate (Ages 6+)
5:00-6:00pm	Juniors & Teen All Ranks Karate (Ages 6-17)		Juniors & Teen All Ranks Karate (Ages 6-17)			<u>10:30-11:30am</u> **Kobudo
5:30-6:30pm		Int./Adv. Karate (Ages 6-11)		Int./Adv. Karate (Ages 6-11)		<u>11:30am-12:30pm</u> ***Naginata
	<u>6:00-7:30 pm</u> Competition Team Training		<u>6:00-7:00 pm</u> Juniors Kumite All Ranks (Ages 6-11)		<u>5:30-7:00 pm</u> Advanced Karate Brown-Black (Ages 6+)	<u>12:45-2:00pm</u> Private Lessons by Appointment
6:30-7:30pm		All Ranks Kata (Teens & Adults)		All Ranks Kumite (Teens & Adults)		
7:00-8:30pm			Adult Karate All Ranks (Ages 18+)		Competition Team Training	
7:30-8:30pm	All Ranks Karate (Teens & Adults)	All Ranks Karate (Teens & Adults)		All Ranks Karate (Teens & Adults)		

CLASS DESCRIPTIONS

MINI SAMURAI: AGES 4 TO 5 YEARS OLD **MINI & ME KARATE:** AGES 4 TO 5 & PARENT(S)

BEGINNER/NOVICE: WHITE-YELLOW-GOLD-ORANGE-GREEN **INTERMEDIATE/ADVANCED:** BLUE-PURPLE-BROWN-BLACK

TEENS: AGES 12-17 **TEENS & ADULTS:** AGES 12 YEARS OLD & UP **ADULTS:** AGES 18 AND UP

JUNIORS: COMBINED RANKS OF AGES 6-11 **ALL RANKS:** FOR STUDENTS RANKS WHITE THROUGH BLACK TO LEARN AND TRAIN TOGETHER.

KATA: TRAINING IN FORMS APPROPRIATE FOR SKILL LEVEL **KUMITE:** TRAINING IN SPARRING FOR APPROPRIATE SKILL LEVEL

*SATURDAY CLASSES

SATURDAY CLASSES WILL MEET ON A FLEX SCHEDULE AND MAY NOT OCCUR ON DATES WHEN LOCAL TOURNAMENTS, SEMINARS OR BELT TESTINGS ARE SCHEDULED. EMAIL ANNOUNCEMENTS WILL NOTIFY MEMBERS PRIOR TO ANY SATURDAY CLASS SCHEDULE ALTERATION.

**KOBUDO CLASS (CURRENT MEMBERS ONLY)

TRAINING IN TRADITIONAL OKINAWAN WEAPONS, I.E., BO, SAI, TONFA, KAMA, & NUNCHAKU. *ADDTNL. FEE REQ. (MUST BE AGE 10 OR OLDER & SUBJECT TO INSTRUCTOR APPROVAL)

***NAGINATA CLASS

BASIC TRAINING IN THE MARTIAL ART OF ATARASHI NAGINATA. *ADDTNL. FEE REQ. (MUST BE AGE 10 OR OLDER & SUBJECT TO INSTRUCTOR APPROVAL)

PRIVATE LESSONS SCHEDULED THROUGH SENSEI CANDICE VIA EMAIL, CALL, TEXT, OR IN PERSON

SCHEDULE EFFECTIVE FEBRUARY 3, 2025