

COLORADO BUDOKAN

PRESENTS



24th Annual

Friendship Cup

FEBRUARY 19TH, 2023 Denver, CO

University of Denver, Richie Center, Hamilton Gymnasium

FRIENDSHIP CUP 2023

January 11, 2023

Dear Sensei, Competitors, and Friends,

On behalf of Colorado Budokan, I would like personally to extend an invitation to you, your athletes, and your coaches to Friendship Cup 2023 to be held at University of Denver (Hamilton Gymnasium in the Richie Center) on February 19, 2023. This new venue will provide you with many amenities including a food concession.

Please note that adult 35+ years divisions, will begin competing at 9:00 AM followed immediately by team kata, team kumite, and children (age 5 and up) divisions.

For online competitor and coach registration go to www.karateTmaster.com. Registration will close on Thursday, February 16, 2023 at 11:00 PM. All competitors and coaches must register and late registrations will not be accepted.

Please advise your coaches they must attend the Referee, Judge, and Coach meeting at 8:30 AM to receive their credentials.

The Friendship Cup was established to promote karate-do and to provide a venue to make new friends, to see old friends, to share technical knowledge, and of course, to engage in spirited competition. I sincerely appreciate your support as Colorado Budokan continues to endeavor to provide you with a safe, challenging, and rewarding competitive experience.

Please feel free to share this invitation and tournament information with your friends and colleagues.

Please honor us with your presence as a competitor, official, volunteer, spectator, or tournament supporter in a wonderful celebration of friendship and competition. I look forward to meeting everyone in your delegation!

In the spirit of karate-do,

Isao Gary Tsutsui

Isao Gary Tsutsui
Tournament Director

FRIENDSHIP CUP 2023

Tournament Information

Tournament Date/Time:	Sunday, February 19, 2023 Competition begins 9:00 A.M.
Tournament Venue:	University of Denver Hamilton Gymnasium 2240 Buchtel Blvd. Denver, Colorado 80210
Tournament General Admission:	Children (Age 5-13) - \$5 Adults (Age 14 and up) - \$7 Seniors (Age 65 and up) - Free DU Students with student ID - Free
Tournament Schedule:	Referee, Judge, Coach meeting at 8:30 A.M. Staging begins at 8:30 A.M. <u>Competition begins at 9:00 A.M. Approximate division start times:</u> 9:00 A.M. – Adult Men 35+ and Women 35+ 9:30 A.M. - Team Kata, Team Kumite 9:30 A.M. – Children (age 5 and up): kata, kumite 10:00 A.M. – Kobudo 11:00 A.M. – Handicapped/Challenged Divisions 1:00 P.M. – Adult (18+ years): kata, kumite
Rules:	USANKF Rules of Competition (modified)
Registration Deadline:	Online competitor and coach registration closes 11:00 P.M. Thursday, February 16, 2023. Coach registration closes 11:00 P.M. Thursday, February 9, 2023. For online competitor registration go to: www.karateTmaster.com <ul style="list-style-type: none">● <u>All competitors and coaches must pre-register</u>● <u>No registrations tournament day</u>● <u>Late registrations will not be accepted</u>
Tournament Director:	Isao Gary Tsutsui
For Information:	Colorado Budokan www.coloradobudokan.com e-mail: colorado.budokan.denver@gmail.com 720-253-7473

COMPETITION DIVISIONS

Beginner (beg): less than 1 yr. training Novice (nov): 1-2 years training Intermediate (inter): 2-3 years training Advanced (adv): 3+ years training

(Please note: divisions may be combined or divided depending on the number of competitors)

<u>DIV #</u>	<u>KATA</u>	<u>DIV #</u>	<u>KUMITE</u>	<u>DIV #</u>	<u>KOBUDO</u>
K1	5 yrs. & under boys & girls – beg/nov	S1	5 yrs. & under boys & girls – beg/nov	W1	11 yrs. & under girls & boys – beg/nov
K2	6-7 yrs. girls – beg/nov	S2	6-7 yrs. girls – beg/nov	W2	11 yrs. & under girls & boys – inter/adv
K3	6-7 yrs. girls – inter/adv	S3	6-7 yrs. girls – inter/adv	W3	12-13 yrs. girls & boys – beg/nov
K4	6-7 yrs. boys – beg/nov	S4	6-7 yrs. boys – beg/nov	W4	12-13 yrs. girls & boys – inter/adv
K5	6-7 yrs. boys – inter/adv	S5	6-7 yrs. boys – inter/adv	W5	14-17 yrs. girls & boys – beg/nov
K6	8-9 yrs. girls – beg/nov	S6	8-9 yrs. girls – beg/nov	W6	14-17 yrs. girls & boys – inter/adv
K7	8-9 yrs. girls – inter/adv	S7	8-9 yrs. girls – inter/adv	W7	18+ yrs. women and men – beg/nov
K8	8-9 yrs. boys – beg/nov	S8	8-9 yrs. boys – beg/nov	W8	18+ yrs. women & men – inter/adv
K9	8-9 yrs. boys – inter/adv	S9	8-9 yrs. boys – inter/adv		
K10	10-11 yrs. girls – beg/nov	S10	10-11 yrs. girls – beg/nov	<u>DIV #</u>	<u>TEAM KATA - 3 person</u>
K11	10-11 yrs. girls – inter/adv	S11	10-11 yrs. girls – inter/adv	TK1	Family – same or mixed gender
K12	10-11 yrs. boys – beg/nov	S12	10-11 yrs. boys – beg/nov	TK2	5-11 yrs. – same or mixed gender
K13	10-11 yrs. boys – inter/adv	S13	10-11 yrs. boys – inter/adv	TK3	12-17 yrs. – same or mixed gender
K14	12-13 yrs. girls – beg/nov	S14	12-13 yrs. girls – beg/nov	TK4	18+ yrs. – same or mixed gender – beg/nov
K15	12-13 yrs. girls – inter/adv	S15	12-13 yrs. girls – inter/adv	TK5	18+ yrs. – same or mixed gender – inter/adv
K16	12-13 yrs. boys – beg/nov	S16	12-13 yrs. boys – beg/nov		
K17	12-13 yrs. boys – inter/adv	S17	12-13 yrs. boys – inter/adv	<u>DIV #</u>	<u>TEAM KUMITE – 3 person</u>
K18	14-15 yrs. girls – beg/nov	S18	14-15 yrs. girls – beg/nov	TS1	18+ yrs. women
K19	14-15 yrs. girls – inter/adv	S19	14-15 yrs. girls – inter/adv	TS2	18+ yrs. men
K20	14-15 yrs. boys – beg/nov	S20	14-15 yrs. boys – beg/nov		
K21	14-15 yrs. boys – inter/adv	S21	14-15 yrs. boys – inter/adv	<u>DIV #</u>	<u>CHALLENGED/HANDICAPPED KATA</u>
K22	16-17 yrs. girls – beg/nov	S22	16-17 yrs. girls – beg/nov	HC38	17 yrs. & under, boys & girls – all levels
K23	16-17 yrs. girls – inter/adv	S23	16-17 yrs. girls – inter/adv	HC39	18+ yrs. males & females – all levels
K24	16-17 yrs. boys – beg/nov	S24	16-17 yrs. boys – beg/nov		
K25	16-17 yrs. boys – inter/adv	S25	16-17 yrs. boys – inter/adv		
K26	18-34 yrs. women – beg/nov	S26	18-34 yrs. women – beg/nov		
K27	18-34 yrs. women – inter/adv	S27	18-34 yrs. women – inter/adv		
K28	18-34 yrs. men – beg/nov	S28	18-34 yrs. men – beg/nov		
K29	18-34 yrs. men – inter/adv	S29	18-34 yrs. men – inter/adv		
K30	35-49 yrs. women – beg/nov	S30	35-49 yrs. women – beg/nov		
K31	35-49 yrs. women – inter/adv	S31	35-49 yrs. women – inter/adv		
K32	35-49 yrs. men – beg/nov	S32	35-49 yrs. men – beg/nov		
K33	35-49 yrs. men – inter/adv	S33	35-49 yrs. men – inter/adv		
K34	50+ yrs. women – beg/nov	S34	50+ yrs. women – beg/nov		
K35	50+ yrs. women – inter/adv	S35	50+ yrs. women – inter/adv		
K36	50+ yrs. men – beg/nov	S36	50+ yrs. men – beg/nov		
K37	50+ yrs. men – inter/adv	S37	50+ yrs. men – inter/adv		

COMPETITION RULES

Rules: USANKF Rules of Competition (modified)

Kata: All Beginner/Novice Divisions

1. Competitors perform simultaneously, two at a time.
2. Competitors may perform only katas listed:
Taikyoku
Heian – Pinan
Gekisai
Fukyu Kata
Kihon Kata

3. Competitors may repeat kata in all rounds.

Intermediate/Advanced Divisions

1. Competitors perform simultaneously, two at a time, in elimination rounds.
2. Competitors perform individually in the gold medal round.
3. May perform any kata.
4. Must perform a different kata (not performed in previous round) in the gold medal round.

Kumite: Match time and scoring.

1. All divisions up to and including age 17: 1-1/2 minutes, stop time, 8 point ceiling (first competitor to attain 8 points wins).
2. All divisions age 18 and up: 2 minutes, stop time, 8 point ceiling (first competitor to attain 8 points wins).

Prohibited Behavior:

1. Age 18 and over: non-injurious, light controlled “touch” contact to the face, head, and neck is allowed (but not to the throat) with hand and foot.
Non-injurious, controlled touch to the body is allowed with hand and foot techniques.
2. Age 14-17: no touch or contact to the head, face, and neck is allowed with hand techniques.
Jodan kicks may make the lightest touch (“skin touch”) and score.
Non-injurious, controlled touch to the body allowed with hand and foot techniques.
3. Age 13 and under: no contact to the face, head, and neck.
No sweeping or takedown techniques.

Ten Second Rule: No ten second rule for divisions up to and including age 13.

Mandatory Equipment:

1. All divisions: all white karate-gi (dojo patch permitted), fist guards (red, blue), mouth guard, groin protector (males).

Optional Equipment:

1. Shin pads/foot pads (USANKF, WKF type), body protector, head protector.

Team Champion:

1. To be determined by the **highest aggregate score resulting from all team divisions**. Placings in each division: first place = 3 points, second place = 2 points, third place = 1 point. Scores from multiple team entries from the same dojo in the same division will not be combined, e.g., if Colorado Budokan Team A and Colorado Budokan Team B are competing in division TK1 their scores cannot be combined. Each team will be considered a separate entity.

FRIENDSHIP CUP 2023 FAMILY RATES

*Applies only to immediate family members (spouses, parents and children) in individual competition divisions.
Family rates do not apply to team competition divisions.*

Use appropriate coupon codes for the number of family members registered.

<u>Rate Scale</u>		
1st Family Member	1-2 Event(s) = \$70.00	3 Events = \$75.00
2nd Family Member	1-2 Event(s) = \$65.00	3 Events = \$70.00
3rd Family Member	1-2 Event(s) = \$60.00	3 Events = \$65.00
4th Family Member	1-2 Event(s) = \$55.00	3 Events = \$60.00

KarateTMaster has generated coupon codes for your family discounts!

Enter the following coupon code when registering online to claim your family discount:

Family-2 (for 2 family members registering)

Family-3 (for 3 family members registering)

Family-4 (for 4 family members registering)

COACHING

- 1) Coaches' official dress.
 - a) All coaches shall wear a tracksuit including athletic type shoes. No open toe shoes, sandals, or flip flops allowed while on the competition floor.
 - b) No hats will be allowed on the competition floor.
- 2) Coaches must accept the Coach Code of Conduct.
- 3) Coaches must obey all event rules and procedures.
- 4) Coaches are allowed on the competition floor only for facilitating the event, coaching athletes and insuring a fair and unbiased sporting environment. NOT spectating.
- 5) Coaches are prohibited from using communication devices such as cell phones and "walkie-talkies" while coaching their athletes.
- 6) Coaches are prohibited from videotaping or photographing on the competition floor.
- 7) Competition floor access.
 - a) Each dojo may have a maximum of three coaches (**1 coach/1-5 competitors, 2 coaches/6-10 competitors, 3 coaches/ 11+ competitors**) on the competition floor.
 - b) Coaches are allowed on the competition floor only when their athlete is: 1) engaged in a kumite match, 2) the "on deck competitor."
 - c) Coaches must stay in the area assigned to them while in the competition area.
 - d) Coaches are required to be seated at the ring while waiting for their athlete to compete.
 - e) Coaches may not stand around the tatami.
 - f) **No coaches will be allowed on the competition floor for kata divisions.**
- 8) Official protest.
 - a) Coaches cannot ask for an explanation of judgment calls from any member of the Referee Panel and Referee Committee.
 - b) No one may protest a judgment to the members of the Refereeing Panel
 - c) In the case of an administrative malfunction during a match in progress, the coach may notify the Tatami Manager directly.
- 9) Score table and personnel
 - a) Coaches are strictly prohibited from being behind the score table at any time. Unauthorized people can distract table personnel and affect the integrity of the score and time keeping.
 - b) **Coaches found disturbing table personnel will be removed immediately.**
- 10) Coaches must listen to and obey all orders from the Referee Panel and Referee Committee.
- 11) Anyone without proper coaching credentials and attire will not be allowed to coach on the competition floor.
- 12) **Any discourteous behavior from a member (athlete, coach, parent, relative, friend) of an official delegation can earn the disqualification of a competitor, the entire team, or delegation from the tournament.**
- 13) All coaches must attend the Referee, Judge, and Coach meeting before the start of Friendship Cup 2023 to receive their credentials.

COACH CODE OF CONDUCT

Friendship Cup 2023 is committed to the highest standards of sport karate and expects all coaches to honor the traditions and spirit of karate-do.

I understand as a Coach participating in Friendship Cup 2023, there are responsibilities, expectations, and duties attached to my position. Additionally, my position is one of authority and it is critical to the development of athletes and the technical integrity of traditional karate-do.

As an official Coach of Friendship Cup 2023, I hereby agree to:

1. Obey and abide by Friendship Cup 2023 rules, regulations, protocols, and procedures.
2. Facilitate implementation and efficacy of Coronavirus (Covid-19) guidelines and protocols.
3. Conform to the appropriate dress codes and always maintain the highest standards of conduct.
4. Conduct myself in a manner that "honors karate-do."
5. Respect and support tournament officials and volunteers.
6. Not indulge in conduct which would incite athletes or spectators against officials.
7. Quietly and privately address all concerns to the Head Official or Tournament Director at the appropriate time when any problem with the officiating occurs.
8. Refrain from using profane or abusive language and obscene gestures.
9. Refrain from use of alcohol, un-prescribed drugs or other controlled substances which could impair my judgment or abilities as a Coach.
10. Refrain from making disparaging or personal remarks about competitors, officials, or their performance(s) at all times.
11. Always endeavor to promote the history, philosophy, and techniques of traditional karate-do.

I hereby confirm that I have read the Coach Code of Conduct, that I agree to and shall comply with the terms and conditions contained therein, and I fully understand the expectations hereafter imposed upon me as a Coach at Friendship Cup 2023.

COLORADO BUDOKAN
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Denver, Colorado 80237
(720) 253-7473
www.colorado.budokan.denver@gmail

January 12, 2023

FRIENDSHIP CUP 2023 – Reminders

- On-line registration starts Friday, January 13, 2023.
- Athletes and Coaches must register online. No paper mail-in registrations.
- Coaches **are not required to wear masks.** There is no mask mandate.
- Children ages 12 and under must be supervised by a parent or guardian at all times.
- On campus lot parking available for \$10 (pay when entering, in and out privilege).
- Hamilton Gymnasium is near light rail station.
- On site food concession open 8 AM - ?

Thank you for your support and participation!

In the spirit of karate-do,

Isao Gary Tsutsui

Isao Gary Tsutsui
Tournament Director