

FRIENDSHIP CUP 2017

Tournament Information

Tournament Date/Time:	Saturday, February 18, 2017 Competition begins 9:00 A.M.
Tournament Venue:	Colorado School of Mines Lockridge Arena 1651 Elm Street Golden, Colorado 80401
Tournament General Admission:	\$7 (free for children age 4 and under) \$5 (Seniors age 65 or older) Free (Colorado School of Mines Students with student ID)
Tournament Schedule:	Referee, Judge, Coach meeting at 8:30 A.M. <u>Competition begins at 9:00 A.M</u> 9:00 A.M. – Adults 35-50+ years Intermediate/Advanced divisions 9:30 A.M. – Children (age 17 & under) Team divisions, handicapped/challenged divisions 10:00 A.M. – Children (age 17 & under): kobudo, kata, kumite 1:00P.M. – Adult (18+ years) team, handicapped/challenged divisions 1:30 P.M. – Adult (18+ years): kobudo, kata and kumite
Rules:	WKF Rules of Competition (modified)
Registration Deadline:	Paper registrations must be postmarked by Saturday, February 11, 2017 Coach Code of Conduct must be postmarked by Saturday, February 11, 2017 Online registration closes midnight Wednesday, February 15, 2017 For online competitor registration go to: www.karateTmaster.com <ul style="list-style-type: none">• <u>All competitors must pre-register</u>• <u>No registrations tournament day</u>• <u>Late registrations will not be accepted</u>
Tournament Director:	Isao Gary Tsutsui Colorado Budokan
For Information:	Colorado Budokan www.coloradobudokan.com e-mail: colorado.budokan.denver@gmail.com 720-253-7473

COMPETITION DIVISIONS

Beginner (beg): less than 1 yr. training **Novice (nov):** 1-2 years training **Intermediate (inter):** 2-3 years training **Advanced (adv):** 3+ years training

(Please note: divisions may be combined or divided depending on the number of competitors)

<u>DIV #</u>	<u>KATA</u>	<u>DIV #</u>	<u>KUMITE</u>	<u>DIV #</u>	<u>KOBUDO</u>
K1	5 yrs. & under boys & girls – beg/nov	S1	5 yrs. & under boys & girls – beg/nov	W1	11 yrs. and under – girls and boys
K2	6-7 yrs. girls – beg/nov	S2	6-7 yrs. girls – beg/nov	W2	12-13 yrs. – girls and boys
K3	6-7 yrs. girls – inter/adv	S3	6-7 yrs. girls – inter/adv	W3	14-17 yrs. – girls and boys
K4	6-7 yrs. boys – beg/nov	S4	6-7 yrs. boys – beg/nov	W4	18+ yrs. – women and men
K5	6-7 yrs. boys – inter/adv	S5	6-7 yrs. boys – inter/adv		
K6	8-9 yrs. girls – beg/nov	S6	8-9 yrs. girls – beg/nov	<u>DIV #</u>	<u>TEAM KATA - 3 person</u>
K7	8-9 yrs. girls – inter/adv	S7	8-9 yrs. girls – inter/adv	TK1	Family – same or mixed gender
K8	8-9 yrs. boys – beg/nov	S8	8-9 yrs. boys – beg/nov	TK2	5-11 yrs. – same or mixed gender
K9	8-9 yrs. boys – inter/adv	S9	8-9 yrs. boys – inter/adv	TK3	12-17 yrs. – same or mixed gender
K10	10-11 yrs. girls – beg/nov	S10	10-11 yrs. girls – beg/nov	TK4	18+ yrs. – women
K11	10-11 yrs. girls – inter/adv	S11	10-11 yrs. girls – inter/adv	TK5	18+ yrs. – men
K12	10-11 yrs. boys – beg/nov	S12	10-11 yrs. boys – beg/nov		
K13	10-11 yrs. boys – inter/adv	S13	10-11 yrs. boys – inter/adv	<u>DIV #</u>	<u>TEAM KUMITE – 3 person</u>
K14	12-13 yrs. girls – beg/nov	S14	12-13 yrs. girls – beg/nov	TS1	18+ yrs. women
K15	12-13 yrs. girls – inter/adv	S15	12-13 yrs. girls – inter/adv	TS2	18+ yrs. men
K16	12-13 yrs. boys – beg/nov	S16	12-13 yrs. boys – beg/nov		
K17	12-13 yrs. boys – inter/adv	S17	12-13 yrs. boys – inter/adv	<u>DIV #</u>	<u>CHALLENGED/HANDICAPPED KATA</u>
K18	14-15 yrs. girls – beg/nov	S18	14-15 yrs. girls – beg/nov	HC38	17 yrs. & under, boys & girls – all levels
K19	14-15 yrs. girls – inter/adv	S19	14-15 yrs. girls – inter/adv	HC39	18+ yrs. males & females – all levels
K20	14-15 yrs. boys – beg/nov	S20	14-15 yrs. boys – beg/nov		
K21	14-15 yrs. boys – inter/adv	S21	14-15 yrs. boys – inter/adv		
K22	16-17 yrs. girls – beg/nov	S22	16-17 yrs. girls – beg/nov		
K23	16-17 yrs. girls – inter/adv	S23	16-17 yrs. girls – inter/adv		
K24	16-17 yrs. boys – beg/nov	S24	16-17 yrs. boys – beg/nov		
K25	16-17 yrs. boys – inter/adv	S25	16-17 yrs. boys – inter/adv		
K26	18-34 yrs. women – beg/nov	S26	18-34 yrs. women – beg/nov		
K27	18-34 yrs. women – inter/adv	S27	18-34 yrs. women – inter/adv		
K28	18-34 yrs. men – beg/nov	S28	18-34 yrs. men – beg/nov		
K29	18-34 yrs. men – inter/adv	S29	18-34 yrs. men – inter/adv		
K30	35-49 yrs. women – beg/nov	S30	35-49 yrs. women – beg/nov		
K31	35-49 yrs. women – inter/adv	S31	35-49 yrs. women – inter/adv		
K32	35-49 yrs. men – beg/nov	S32	35-49 yrs. men – beg/nov		
K33	35-49 yrs. men – inter/adv	S33	35-49 yrs. men – inter/adv		
K34	50+ yrs. women – beg/nov	S34	50+ yrs. women – beg/nov		
K35	50+ yrs. women – inter/adv	S35	50+ yrs. women – inter/adv		
K36	50+ yrs. men – beg/nov	S36	50+ yrs. men – beg/nov		
K37	50+ yrs. men – inter/adv	S37	50+ yrs. men – inter/adv		

•

COMPETITION RULES

Rules: **WKF Rules of Competition** (modified – please [see below](#))

Kata: **All divisions**

1. Flag system to determine winners.

Kumite: **Match time and scoring.**

1. All divisions up to and including age 11: 2 minutes, running time, 6 point ceiling (first competitor to attain 6 points wins).
2. All divisions age 12 and up: 2 minutes, stop time, 6 point ceiling (first competitor to attain 6 points wins).

Prohibited Behavior: excessive contact

Age 11 yrs. and under: No touch or contact to the head (including the head protector), face, or neck is allowed with hand or foot techniques.

Non-injurious, controlled contact to the body allowed with hand and foot techniques.

Age 12 – 17 yrs: No touch or contact to the head (including the head protector), face, or neck is allowed with hand techniques.

Non-injurious, "skin touch" allowed to the head, face, and neck with foot techniques.

Non-injurious, controlled contact to the body allowed with hand and foot techniques.

Age 18 yrs. and older: Non-injurious, "skin touch" allowed to the head, face, and neck with hand and foot techniques.

Non-injurious, controlled contact to the body allowed with hand and foot techniques.

Mandatory Equipment:

1. All divisions: all white karate-gi (dojo patch permitted), fist guards (red, blue), mouth guard, groin protector (males).

Optional Equipment:

1. White head gear, shin pads/foot pads (WKF type), body protector.

Team Champion:

1. To be determined by the **highest aggregate score resulting from all team divisions**. Placings in each division: first place = 3 points, second place = 2 points, third place = 1 point. Scores from multiple team entries from the same dojo in the same division will not be combined, e.g., if Colorado Budokan Team A and Colorado Budokan Team B are competing in division TK1 their scores will not be combined. Each team will be considered a separate entity.

FAMILY RATES

Applies only to immediate family members (husbands and wives, parents and children) in individual competition divisions.

Family rates do not apply to team competition divisions.

1. Use **separate tournament registration form for each family member.**
2. Fill in the amount (different for each member) on each registration form (\$ _____ Family Rate).

Rate Scale

1st Family Member	1-2 Event(s) = \$50.00	3 Events = \$55.00
2nd Family Member	1-2 Event(s) = \$45.00	3 Events = \$50.00
3rd Family Member	1-2 Event(s) = \$40.00	3 Events = \$45.00
4th Family Member	1-2 Event(s) = \$35.00	3 Events = \$40.00

FRIENDSHIP CUP 2017
Individual Registration Form
(Please print clearly or type)

Name _____ Sex: M ____ F ____ Name of Dojo _____
Kata div # _____ Kumite div # _____ Kobudo div # _____ Style _____
Age _____ Date of Birth _____ Wt. _____ Mos/Yrs Training _____ Dojo Address _____
Address _____ City _____ State _____ Zip _____
City _____ State _____ Zip _____ Dojo Telephone # _____
Telephone # _____ Name of Instructor _____
E-mail Address _____ E-mail Address _____

In Case of Emergency Notify:

Name _____
Telephone # _____

Fees Owed

_____ One/Two Events \$50
_____ Three Events \$55
\$ _____ Total Fees

Note: See separate sheet for family rates

\$ _____ Family Rate

Mail-in registration(s) must be postmarked by Saturday, February 11, 2017.
On-line registration(s) must be entered by midnight Wednesday, February 15, 2017.
Late registrations will not be accepted.

Please make all payments payable to Colorado Budokan.

Send registration/release agreement form and payment to Colorado Budokan, 3547 South Monaco Parkway, Denver, Colorado 80237.

RELEASE AGREEMENT - READ CAREFULLY BEFORE SIGNING

I understand that karate is a very dangerous martial art involving forceful physical contact, that it is likely to incite aggressive behavior which is beyond the control of Friendship Cup 2017 ("FC2017"), Colorado Budokan ("CB"), and Colorado School of Mines ("CSM"), that severe injuries or death may result from my participation in the activities of this martial art, and I fully and knowingly accept these risks. I therefore release FC2017, CB, CSM, their officers, agents, and employees, any and all volunteers or paid instructors from any and all liability, now and in the future, arising from or in connection with the activities of and concerning FC 2017, CB, and CSM.

Further, I understand that any medical treatment given to me will be of a first aid treatment type only.

Further, I certify that I am physically and emotionally sound, have medical approval to proceed with rigorous exercise, including physical contact, and assume full responsibility for my own well-being. I hereby waive any and all rights I may have to bring any legal action against FC2017, any participant, CB, CB member, CSM, CSM representative, or anyone else in connection with any injury I may suffer as a result of my participation in FC 2017.

Further, I release the FC 2017, CB, and CSM from any and all liability, which would, could, or might arise from any act of omission on its part in connection with the FC17, the CB, and CSM.

If under 18 years of age, the approval of a parent or legal guardian is required.

I have read and understood the above.

_____ (Signature)	_____ (Date)
_____ (Signature of Parent/Guardian)	_____ (Date)

FRIENDSHIP CUP 2017

Team Registration Form

(Please print clearly or type - use a separate team entry form for each team event)

Division # _____ Team Name _____ Dojo Name _____

Fees Owed: \$65 per team (3 person) per team event.

Mail-in registration(s) must be postmarked by Saturday, February 11, 2017.

On-line registration(s) must be entered by midnight Wednesday, February 15, 2017.

Late registrations will not be accepted.

Please make all payments payable to Colorado Budokan.

Send registration/release agreement form and payment to Colorado Budokan, 3547 South Monaco Parkway, Denver, Colorado 80237.

RELEASE AGREEMENT - READ CAREFULLY BEFORE SIGNING

I understand that karate is a very dangerous martial art involving forceful physical contact, that it is likely to incite aggressive behavior which is beyond the control of Friendship Cup 2017 ("FC2017"), Colorado Budokan ("CB"), and Colorado School of Mines ("CSM"), that severe injuries or death may result from my participation in the activities of this martial art, and I fully and knowingly accept these risks. I therefore release FC2017, CB, CSM, their officers, agents, and employees, any and all volunteers or paid instructors from any and all liability, now and in the future, arising from or in connection with the activities of and concerning FC 2017, CB, and CSM.

Further, I understand that any medical treatment given to me will be of a first aid treatment type only.

Further, I certify that I am physically and emotionally sound, have medical approval to proceed with rigorous exercise, including physical contact, and assume full responsibility for my own well-being. I hereby waive any and all rights I may have to bring any legal action against FC2017, any participant, CB, CB member, CSM, CSM representative, or anyone else in connection with any injury I may suffer as a result of my participation in FC2017.

Further, I release the FC 2017, CB, and CSM from any and all liability, which would, could, or might arise from any act of omission on its part in connection with the FC17, the CB, and CSM.

If under 18 years of age, the approval of a parent or legal guardian is required.

I have read and understood the above.

1. _____	Signature	_____	Signature of Parent/Guardian	_____	Date
2. _____	Signature	_____	Signature of Parent/Guardian	_____	Date
3. _____	Signature	_____	Signature of Parent/Guardian	_____	Date
4. _____	Signature	_____	Signature of Parent/Guardian	_____	Date

COACHING

1. Coaches' official dress.
 - a. All coaches shall at all times during the tournament wear a tracksuit including athletic type shoes. No open toe shoes, sandals, or flip flops allowed while on the competition floor.
 - b. No ball caps or hats will be allowed on the competition floor.
2. Coaches must sign Coach Code Of Conduct.
3. Coaches must obey all event rules and procedures.
4. Coaches are allowed on the competition floor only for the purpose of facilitating the event, coaching athletes and insuring a fair and unbiased sporting environment. NOT spectating.
5. Coaches are prohibited from using communication devices such as cell phones and "walkie-talkies" while coaching their athletes.
6. Coaches are prohibited from videotaping or photographing on the competition floor.
7. Competition floor access.
 - a. Each dojo may have a maximum of three coaches on the competition floor.
 - b. Coaches are allowed on the competition floor only when their athlete is: 1) engaged in a kumite match, the "on deck competitor," or 3) the next competitor up after the "on deck" competitor.
 - c. Coaches must stay in the area assigned to them while in the competition area.
 - d. Coaches are required to be seated at the ring while waiting for their athlete to compete.
 - e. Coaches may not stand around the tatami.
 - f. No coaches will be allowed on the competition floor for kata divisions.
7. Official protest.
 - a. Coaches cannot ask for an explanation of judgment calls from any member of the Referee Panel and Referee Committee.
 - b. No one may protest a judgment to the members of the Refereeing Panel
 - c. In the case of an administrative malfunction during a match in progress, the coach may notify the Tatami Manager directly.
8. Score table and personnel
 - a. Coaches are strictly prohibited from being behind the score table at any time. Unauthorized people can distract table personnel and affect the integrity of the score and time keeping.
 - b. Coaches found disturbing table personnel will be removed immediately.
9. Coaches must listen to and obey all orders from the Referee Panel and Referee Committee.
10. Anyone without proper coaching credentials and attire will not be allowed to coach on the competition floor.
11. Any discourteous behavior from a member (athlete, coach, parent, relative, friend) of an official delegation can earn the disqualification of a competitor, the entire team, or delegation from the tournament.
12. Each dojo may register and receive coaching credentials for a maximum of three (3) coaches.
13. All coaches must attend the Referee, Judge, and Coach meeting before the start of Friendship Cup 2017 to receive their credentials.

COACH CODE OF CONDUCT

Friendship Cup 2017 is committed to the highest standards of sport karate and expects all coaches to honor the traditions and spirit of karate-do.

I understand as a Coach participating in Friendship Cup 2017, there are responsibilities, expectations, and duties attached to my position. Additionally, my position is one of authority and it is critical to the development of athletes and the technical integrity of traditional karate-do.

As an official Coach of Friendship Cup 2017 I hereby agree to:

1. Obey and abide by Friendship Cup 2017 rules, regulations, protocols, and procedures.
2. Conform to the appropriate dress codes and always maintain the highest standards of conduct.
3. Conduct myself in a manner that "honors karate-do" and demonstrate respect to athletes, coaches, officials, and spectators.
4. Respect and support tournament officials.
5. Not indulge in conduct which would incite athletes or spectators against officials.
6. Quietly and privately address all concerns to the head official or Tournament Director at the appropriate time when any problem with the officiating occurs.
7. Refrain from using profane or abusive language and obscene gestures.
8. Refrain from use of alcohol, un-prescribed drugs or other controlled substances which could impair my judgment or abilities as a Coach.
9. Refrain from making disparaging or personal remarks about competitors, officials, or their performance(s) at all times.
10. Always endeavor to promote the history, philosophy, and techniques of traditional karate-do.

I hereby confirm that I have read the Coach Code of Conduct, that I agree to and shall comply with the terms and conditions contained therein, and I fully understand the expectations hereafter imposed upon me as a Coach at Friendship Cup 2017.

(Printed Name)

(Signature)

Date)

This form must be postmarked by Saturday, February 11, 2017

DIRECTIONS TO COLORADO SCHOOL OF MINES

Lockridge Arena · 1651 Elm Street · Golden, Colorado 80401

From Denver (via I-70):

West on **I-70**, pass Kipling, pass Ward Road, take next exit west on **Highway 58** (exit 265, marked Golden, Central City, Colorado School of Mines), exit at **Washington Avenue**, left on **Washington Avenue**, right on **19th Street**, right on **Elm Street**. **Lockridge Arena** is located at the intersection of **Elm and 17th Street**.

From Denver (via 6th Avenue):

West on **6th Avenue**, pass I-70 West exit, pass Colfax, turns into **Highway 6**, right at the second stop light (**19th Street**), left on **Elm Street**. **Lockridge Arena** is located at the intersection of **Elm and 17th Street**.

From Colorado Springs:

North on **I-25** to Denver, west on **Highway 470** (exit 194 to Grand Junction), pass Highway 285, immediately after the sign marked US 6/6th Avenue, take **I-70 west** (left 2 lanes), take **6 West/6th Avenue West** (left 2 lanes), right at the second stop light (**19th Street**), left on **Elm Street**. **Lockridge Arena** is located at the intersection of **Elm and 17th Street**.

From Fort Collins:

South on **I-25** to Denver, west on **Highway 76** (Exit 216B to Arvada/Grand Junction), west on **I-70**, pass Kipling, pass Ward Road, take next exit west on **Highway 58** (exit 265, marked Golden, Central City, Colorado School of Mines), exit at **Washington Avenue**, left on **Washington Avenue**, right on **19th Street**, right on **Elm Street**. **Lockridge Arena** is located at the intersection of **Elm and 17th Street**.

Friendship Cup 2017

Rules of Competition

(WKF Rules of Competition – Modified)

KATA

Article 1: Official Dress

- 1 All divisions: white karate-gi (dojo patch permitted).

Article 2: Organization of Kata Competition

1. Flag system to determine winners.
2. All divisions will perform their kata simultaneously, two-at-a-time, side by side, unless otherwise directed by the Referee Committee.
3. The single elimination system shall be applied.
4. Beginner/Novice Divisions:
 - a. Competitors must perform only the following kata or equivalent:
 - Taikyoku
 - Heian
 - Pinan
 - Gekisai
 - Fukui Kata
 - Kihon Kata
 - b. Competitors may repeat the same kata in every round (including gold medal round).
5. Intermediate/Advanced:
 - a. Competitors may perform any kata.
 - b. Competitors may repeat the same kata in every round (except the gold medal round).
 - c. Competitors must perform a different kata in the gold medal round (cannot perform a kata from previous rounds).
6. Team Kata:
 - a. Competitors may perform any kata
 - b. Competitors may repeat the same kata in every round (including gold medal round).
 - c. Family division contestants must be members of the same immediate family, eg. father, mother, son(s), and/or daughter(s) of the same family.

Article 3: Criteria for Evaluation

Assessment: Individual Competition

1. Conformance - to the form itself and the standards of the applicable style (ryu-ha).
2. Technical Performance
 - a. Stances
 - b. Techniques
 - c. Transitional movements
 - d. Timing/Synchronization
 - e. Correct breathing
 - f. Focus (kime)
 - g. Technical difficulty
3. Athletic Performance
 - a. Strength
 - b. Speed

- c. Balance
 - d. Rhythm
4. Variations as taught by the contestant's school of karate will be permitted.

Assessment: Team Competition

1. Members of the team must demonstrate competence in all aspects (same criteria as in individual competition) of the kata performance, as well as synchronization.

In Team Kata: synchronization without external cues is an added factor. Commands to start and stop the performance, stamping the feet, slapping the chest, arms or karate-gi, and inappropriate exhalation are all examples of external cues and should be taken into account by the Judges when arriving at a decision.

2. In Team Kata, all three team members must start the kata facing in the same direction and towards the Chief Judge.
3. Variations as taught by the contestant's school of karate will be permitted.

Disqualification:

1. Performing the wrong kata or announcing the wrong kata.
2. A distinct pause or stop in the performance for several seconds.
3. Interference with the function of the Judges (such as the Judge having to move for safety reasons or physical contact with a Judge).
4. Belt falling off during the performance of the kata.
5. Failure to follow the instructions of the Chief Judge, or other misconduct.

Fouls:

1. Minor loss of balance.
2. Performing a movement in an incorrect or incomplete manner (the bow is for this purpose considered part of the movements of the kata), such as failure to fully execute a block or punching off target.
3. Asynchronous movement such as delivering a technique before the body transition is completed, or in the case of team kata, failing to do a movement in unison.
4. Use of audible cues (from any other person, including other team members) or theatrics such as stamping the feet, slapping the chest, arms or karate-gi, or inappropriate exhalation.
5. In Team Kata all three members must start and end the kata facing in the same direction and towards the Chief Judge.

EXPLANATION:

1. *Individual kata: competitors perform simultaneously, side by side.*
2. *At the perimeter of the competition area opposite the Chief Judge both competitors face the Chief Judge and bow.*
3. *At the same position on the perimeter of the competition area, both competitors face each other and bow.*
4. *Both competitors enter the match area simultaneously and space themselves so as to avoid collision or interference in the performance of their kata.*
5. *After moving to their starting positions in the competition area, both competitors will bow and make a clear announcement of the names of the kata to be performed, both competitors begin.*
6. *On completion of their kata, the competitors bow and remain at their starting positions in the competition area to await the flag decisions from the Judging Panel.*

7. *Both competitors exit to the perimeter of the competition area, face each other and bow.*
8. *Both competitors turn toward the Chief Judge and bow.*
9. *Both competitors exit the match area.*

KOBUDO (WEAPONS) KATA

Article 1: Official Dress

1. All divisions: white karate-gi (dojo patch permitted).
2. The karate-gi jacket may not be removed during the performance of the kata.

Article 2: Organization of Kata Competition

1. Winners will be determined in the same manner (decision by flags) as karate kata but competitors perform individually not simultaneously side by side.
2. Competitors may only perform kata with recognized traditional Okinawan kobudo weapons (bo, sai, tonfa, kama, nunchaku, eku). Unusual weapons (nunti, tenbe, eku, kuwa, etc.) must have the approval of the Referee Committee.
3. Competitors may repeat the same kata in every round.
4. All weapons will be examined by an official prior to competition to ensure safety and authentic design, construction, and materials.
5. Weapons determined to be unsafe, exceptionally light weight, or non-standard design will be disqualified from use.
6. Wooden weapons must be hardwood.
7. Bo must be top of the head or slightly (1 to 2 inches) higher than its user.
8. Shorter bo (under 6 feet) will be allowed in children's divisions.
9. Sharp kama or kama with holes in the blade will not be allowed.
10. Swords of any type not allowed.

Article 3: Criteria for Evaluation

1. Same criteria for evaluation as karate kata.
2. If a contestant momentarily loses grip on a weapon, 1 - 0.5 points will be deducted.
3. If the weapon touches the floor anytime during the performance, 0.1 – 0.5 points should be deducted (unless the touch is called for by the kata, as in some bo katas).

Disqualification

1. Competitor drops the weapon.
2. Dangerous techniques that jeopardize the safety of the competitor or others should result in disqualification.

KUMITE

Article 1: Official Dress

Contestants

1. All divisions: white karate-gi (dojo patch permitted).
2. Mandatory Equipment: Leather fist guards (red or blue) mouth guard, groin protector (males).
3. Optional Equipment: White head protector, shin pads, foot pads (NKF, WKF type), body protector.

Article 2: Duration of Bout

1. All divisions up to and including age 11: 2 minutes, running time.
2. All divisions age 12 and up: 2 minutes, stop time.

Article 3: Scoring

1. Yuko (one point) awarded for:
 - a. Tsuki-waza
 - b. Uchi-waza
2. Waza-ari (two points) awarded for:
 - a. Chudan kicks.
3. Ippon (three points) awarded for:
 - a. Jodan (head, face, and neck) kicks.
 - b. Any scoring technique delivered on an opponent who has been thrown, has fallen of their own accord, or is otherwise off their feet.

- Scoring Areas:**
1. Head
 2. Face
 3. Neck
 4. Chest
 5. Abdomen
 6. Sides
 7. Back

- Scoring Criteria:**
1. Good form
 2. Sporting attitude – techniques executed in a non-malicious manner
 3. Vigorous application
 4. Correct distance
 5. Good timing
 6. Zanshin – state of continued engagement, perfect finish

Article 4: Criteria for Decision:

1. In all divisions first contestant to obtain six (6) points or having the highest number of points at “time-up.”
2. **Individual matches:** if after “time-up” there are no scores, or scores are equal, the winner will be determined by a final vote (hantei) of the three Judges and the Referee, each casting their vote (all votes equal). A decision in favor of one or the other competitor is obligatory. Win is determined by majority vote on the basis of the following criteria:

- a. Attitude, fighting spirit, and strength demonstrated by contestants.
 - b. Superiority of tactics and techniques displayed.
 - c. Which contestant initiated the majority of the action.
3. If still tied: sai shiai (new bout), one minute, first competitor to score will be declared the winner. Previous scores and penalties **do not** carry forward.
 - a. All divisions up to and including age 11: 1 minute, running time. First score wins.
 - b. All divisions age 12 and up: 1 minute, stop time. First score wins.
4. If sai shiai ends in a tie: decision by hantei.
5. **Team matches:** the winning team is the one with the most bout victories. Should the two teams have the same number of bout victories then the winning team will be the one with the most points, taking both winning and losing bouts into account.
6. If the two teams have the same number of bout victories and points, then a deciding bout will be held. Each person may nominate any one contestant of their team for purpose of fighting the extra bout, regardless if that person already has fought in a previous bout between the two teams. If the extra bout does not produce a winner based on points, the bout will be decided based on hantei according to the same procedure as for individual bouts.

Article 5: Prohibited Behavior

Category 1

1. Excessive contact
2. Contact to the throat
3. Open hand techniques to the face
4. Attacks to the arms, legs, groin, joints, or instep
5. Dangerous or illegal throws

Category 2

1. Feigning or exaggerating injury.
2. Exiting the competition area (jogai).
3. Self-endangerment or failure to protect one-self (mubobi).
4. Avoiding combat.
5. Passivity – not attempting to engage in combat (cannot be given after less than 10 seconds in the the match).
6. Clinching, wrestling, pushing, seizing, or standing chest to chest without attempting a throw or other technique.
7. Grabbing the opponent with both hands for any other reason than executing a takedown upon catching the opponents kicking leg.
8. Grabbing the opponents arm or karate-gi with one hand without immediately attempting a scoring technique or takedown, or holding onto the opponent with one hand to break the fall while being thrown.
9. Techniques, which by their nature, cannot be controlled and dangerous and uncontrolled attacks.
10. Simulated attack or attacks with the head, knees, or elbows.
11. Talking to or goading the opponent, failure to obey the orders of the referee, discourteous behavior, and other breaches of etiquette.

Article 6: Warnings and Penalties

Chukoku – warning – no point assessment.
 Keikoku – yuko to opponent
 Hasoku-chui – waza-ari to opponent
 Hansoku – loss of match – opponent declared winner
 Shikkaku – disqualification

EXPLANATION:

1. Age 11 yrs. And under (Children)

- a. No contact to the head (including head protector), face, or neck, is allowed. Any contact, no matter how light, will be penalized, unless caused by the recipient (MUBOBI).
- b. Non-injurious, controlled contact to the body allowed with hand and foot techniques.

2. Age 12 yrs.to 17 yrs. (Cadets and Juniors)

- a. No contact to the head (including head protector), face, or neck, is allowed with hand techniques. Any contact, no matter how light, will be penalized, unless caused by the recipient (MUBOBI).
- b. Jodan kicks may make the lightest touch ("skin touch") and score. Any more than a skin touch will require a warning or penalty unless caused by the recipient (MUBOBI).
- c. Non-injurious, controlled contact to the body allowed with hand and foot techniques.

3. Age 18 yrs. and older (Seniors)

- a. Non-injurious, light, controlled "touch" contact to the head, face, and neck is allowed (but not to the throat) with hand and foot techniques.
- b. Non-injurious, controlled contact to the body allowed with hand and foot techniques.

4. Scoring

- a. All divisions: first competitor to score 6 points wins.
- b. In all divisions up to and including age 17 if no attempt is made to block or evade a jodan technique acceptable distance for point criteria is 10 centimeters (about 4 inches).
- c. When two or more Judges indicate a score or prohibited behavior for the same competitor, the Referee will stop the bout and render the decision accordingly.
- d. If both contestants have a score, warning, or penalty indicated by two or more judges, both contestants will be awarded their respective points, warnings, or penalties.

5. **10 Second Rule:** No 10 second rule in instances when a competitor falls, is thrown or knocked down, and does not fully regain his/her feet.

6. **15 Seconds – "ato-shibaraku":** No elevated penalties assessed for prohibited behavior with 14 seconds or less on the time clock.

7. Referee (Shushin)

- a. Must stop match if two or more flags indicate the same opinion.
- b. Once the match is stopped majority opinion must be rendered. The Referee and Judges each have one vote.
- c. Must have the support of at least one flag to render any decision.

8. Judge (Fukushin)

- a. Will signal points and penalties on their own initiative.
- b. Must see techniques terminate at scoring areas to signal a point.