

COLORADO BUDOKAN

SUMMER 2018 CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00-4:30PM	NANO NINJAS (3 YRS.)	MINI SAMURAI (4 & 5 YRS.) (BEGINNER)	NANO NINJAS (3 YRS.)	MINI SAMURAI (4 & 5 YRS.) (BEGINNER)		9-9:30AM MINI SAMURAI (4 & 5 YRS.) (ALL LEVELS)
4:30-5:15PM	JUNIORS (6-11 YRS.) (ALL LEVELS)	SAMURAI KIDS (6-11YRS.) (WHITE-GREEN)	JUNIORS (6-11YRS.) (ALL LEVELS)	SAMURAI KIDS (6-11YRS.) (WHITE-GREEN)	4:30-5:00PM OPEN PRACTICE	9:30-10:30AM JUNIORS (6-11 YRS.)
5:15-6:00PM	MINI SAMURAI (4 & 5 YRS.) (NOV./INT.)	JUNIOR KATA (6-11 YRS.) (ALL LEVELS)	MINI SAMURAI (4 & 5 YRS.) (NOV./INT.)	JUNIOR KUMITE (6-11 YRS.) (ALL LEVELS)	5:00-6:00PM TOURNAMEN T KATA ALL LEVELS	10:30-11:30AM TEENS & ADULTS
6:00-6:45PM	SAMURAI KIDS (6-11 YRS.) (WHITE-GREEN)	BUSHIDO KIDS (6-11YRS.) (BLUE-BLACK)	SAMURAI KIDS (6-11YRS.) (WHITE-GREEN)	BUSHIDO KIDS (6-11YRS.) (BLUE-BLACK)	COMPETITON TEAM TRAINING 6:00-7:30 (OCT. THROUGH JULY)	11:30AM-12:00PM CONDITIONING
6:45-7:30PM	BEG./NOVICE & FAMILY	TEENS & ADULTS KATA	BEG./NOVICE & FAMILY	TEENS & ADULTS KUMITE		12:00-1:00PM TOURNAMENT KUMITE ALL LEVELS
7:30-8:30PM	TEENS & ADULTS	TEENS & ADULTS	TEENS & ADULTS	TEENS & ADULTS		1:00-2:00 PM KOBUDO (6 YRS. & UP) ALL LEVELS

CLASS DESCRIPTIONS

NANO NINJAS: AGE 3

MINI SAMURAI: AGES 4 TO 5 YEARS OLD; *BEGINNER (1-2 MONTHS TRAINING), NOV./INT. (3 MONTHS TRAINING OR MORE)*

SAMURAI KIDS: AGES 6 TO 11 YEARS OLD; *BEGINNER & NOVICE (WHITE THROUGH GREEN)*

BUSHIDO KIDS: AGES 6 TO 11 YEARS OLD; *INTERMEDIATE & ADVANCED (BLUE THROUGH BLACK)*

JUNIORS: COMBINED SKILL LEVELS OF AGES 6 TO 11 YEARS OLD

TEENS & ADULTS: AGES 12 YEARS OLD & UP

BEG./NOV & FAMILY CLASS: FOR BEGINNER AND NOVICE ADULTS AND KARATE FAMILIES TO LEARN AND TRAIN TOGETHER.

TOURNAMENT KATA & KUMITE CLASSES: FOR COLORADO BUDOKAN MEMBERS LOOKING TO IMPROVE THEIR TECHNIQUE AND UNDERSTANDING OF KARATE-DO AND ITS APPLICATION TO COMPETITION.

COMPETITION TEAM: FOR STUDENTS INTERESTED IN SPORT COMPETITION. PLEASE CALL FOR DETAILS.

KOBUDO CLASS: TRAINING IN TRADITIONAL OKINAWAN WEAPONS, I.E., BO, SAI, TONFA, KAMA, & NUNCHAKU. **ADDTNL. FEE REQ. (MUST BE AGE 6 OR OLDER)

*PRIVATE LESSONS AVAILABLE. PLEASE CALL OR EMAIL FOR DETAILS.

QUESTIONS OR COMMENTS; PLEASE CALL **720-253-7473**.

EMAIL: COLORADO.BUDOKAN.DENVER@GMAIL.COM WEBSITE: WWW.COLORADOBUDOKAN.COM

SCHEDULE EFFECTIVE: MONDAY JULY 2, 2018